

# E Ephedra sinica (Ephedraceae)

Common name(s)

Sima-Mao; Ma Huang

Use	Country/Region	Reference
Anodyne	China	
Antitussive	Japan*	ANON. 1978. List of Plants. Kyoto Herbal Garden, Pharmacognostic Research Lab., Central Research Division, Takeda Chem. Industries, Ltd., Ichijoji, Sakyoku, Kyoto, Japan.
Arthritis	China	
Asthma	China	Keys, J.D. 1976. Chinese Herbs. Charles E. Tuttle Co., Tokyo.
Asthma	China	Lost Crops of the Incas.
Bronchitis	China	Keys, J.D. 1976. Chinese Herbs. Charles E. Tuttle Co., Tokyo.
Bronchitis	China	Lost Crops of the Incas.
Cold	China	
Cough	China	Lost Crops of the Incas.
Cough	China	
Diaphoretic	Japan*	ANON. 1978. List of Plants. Kyoto Herbal Garden, Pharmacognostic Research Lab., Central Research Division, Takeda Chem. Industries, Ltd., Ichijoji, Sakyoku, Kyoto, Japan.
Dyspnea	China	
Edema	China	Lost Crops of the Incas.
Febrifuge	Japan*	ANON. 1978. List of Plants. Kyoto Herbal Garden, Pharmacognostic Research Lab., Central Research Division, Takeda Chem. Industries, Ltd., Ichijoji, Sakyoku, Kyoto, Japan.
Fever	China	Lost Crops of the Incas.
Fever	China	
Flu	China	Lost Crops of the Incas.
Hayfever	China	Keys, J.D. 1976. Chinese Herbs. Charles E. Tuttle Co., Tokyo.
Lung	China	Lost Crops of the Incas.
Night-Sweat	China	Lost Crops of the Incas.
Oliguria	China	Lost Crops of the Incas.
Poison	China	Lewis and Elvin-Lewis, Medical Botany, ca 1977
Sweating	China	Lost Crops of the Incas.
Swelling	China	
Trachitis	China	Keys, J.D. 1976. Chinese Herbs. Charles E. Tuttle Co., Tokyo.
Typhoid	China	